



EMPOWERU

FINANCIAL FITNESS 2

WEEK 8



Welcome to Financial Fitness!

We're so glad you're here!

A few things to remember:

- Make sure you sign in to get credit for attending
- It is vital that you come on time each week in order to avoid the disruption that is created for the rest of the class and we want to make sure that you don't miss any important Financial Fitness principles
- Full attendance means that you arrive on time, stay for the entire 1.5 hour class and complete each week's homework. Credit will not be given for partial attendance or incomplete homework
- Childcare is available for those attending Financial Fitness
- In case of absence please make sure to call the Love in Action office and leave a message at (616) 846-2701 extension 108. An absence without a call will be entered as a NO CALL/NO SHOW
- Please turn down your cell phone and avoid using it during class out of respect for other class attendees and the class instructor
- Please refrain from leaving class during the session unless there is an emergency
- During inclement weather class cancellations will be posted on WZZM 13

Planning for success

Congratulations you did it! You finished the Financial Fitness course and gained some new financial management tools.

The rest of your life starts today, right now actually and is full of unwritten pages.

This is your story and you get the opportunity to fill it with choices and decisions that will shape those next chapters.

Every step, thought and decision either takes you toward the life you want to live or away from it.

When you feel like giving up remember:

- You have already overcome 100% of the hard days in your life so far! Congratulations! That is a great track record!
- Keep going no matter how hard it is. Tell yourself “ I don’t care how hard this is or how disappointed I feel, this situation WILL NOT get the best of me.” Keep moving forward.
- Focus on the next step you need to take toward your success. You can effectively fight the battles of today but not if you’re looking at the relentless eternity of yesterday or the unknown of tomorrow.
- Don’t worry so much about making mistakes, instead focus on what you are giving up if you don’t keep trying.
- Celebrate the small victories on the way to the big victories. Focus on how far you’ve come rather than how far you have to go.

Lesson Objectives:

- Planning for success
- Review Homework
- Determining your net worth
- How to complete a statement of financial condition
- Review flow of forms
- Homework



Bible Truths:

- You don't have to do it alone, God wants to help

Isaiah 41:10

^{10.} "So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand."

- God, the author who created you and your story, loves you with an everlasting love and has a fierce longing to be a part of your journey.

Proverbs 3:5-6

^{5.} Trust in the Lord with all of your heart; do not depend on your own understanding. ^{6.} Seeking his will in all you do and He will show you which path to take.

Romans 8:37-39

^{37.} But in all these things we overwhelmingly conquer through Him who loved us. ^{38.} For I am convinced that neither death, nor life, nor angels, nor principalities, nor things present, nor things to come, nor powers, ^{39.} nor height, nor depth, nor any other created thing, will be able to separate us from the love of God, which is in Christ Jesus our Lord.

Homework Review:

- What are your two short term goals?
- What is your 1 longer term goal?
- What steps did you take to start reaching your goals?

Net Worth:

1. Your net worth is your assets (The things you own that have monetary value) minus the liabilities (the things on your debt list). What is owned minus what is owed.
2. Why determine your net worth? Your net worth serves as a snapshot of your financial health at any given moment.

Assets: Things you own that have monetary value

- Cash on Hand
- Checking Account
- Savings
- Stocks & Bonds
- Collectibles
- Home
- Other Real Estate
- Accounts Receivable
- Automobiles
- Recreational Vehicles
- Furniture
- Jewelry
- Other Personal Assets
- Retirement Savings
- Other Assets

Liabilities:

- Credit Card Debt
- Automobile Loan
- Home Mortgage
- Other Real Estate Mortgage
- Personal Debts to Relatives/Friends
- Business Loans
- Educational Loans
- Medical Bills
- Life Insurance Loans
- Bank Loans
- Other Debts & Loans

Statement of Financial Condition:

- As your total debts decrease, your net worth should increase.
- Your statement of Financial Condition should be updated at least quarterly to show progress.
- It is possible that your Net Worth is less than zero but you are now on the right track to improving your current financial situation by participating in Financial Fitness.

Susan and Bob's Assets and Liabilities:

Susan and Bob's Statement of Financial Condition

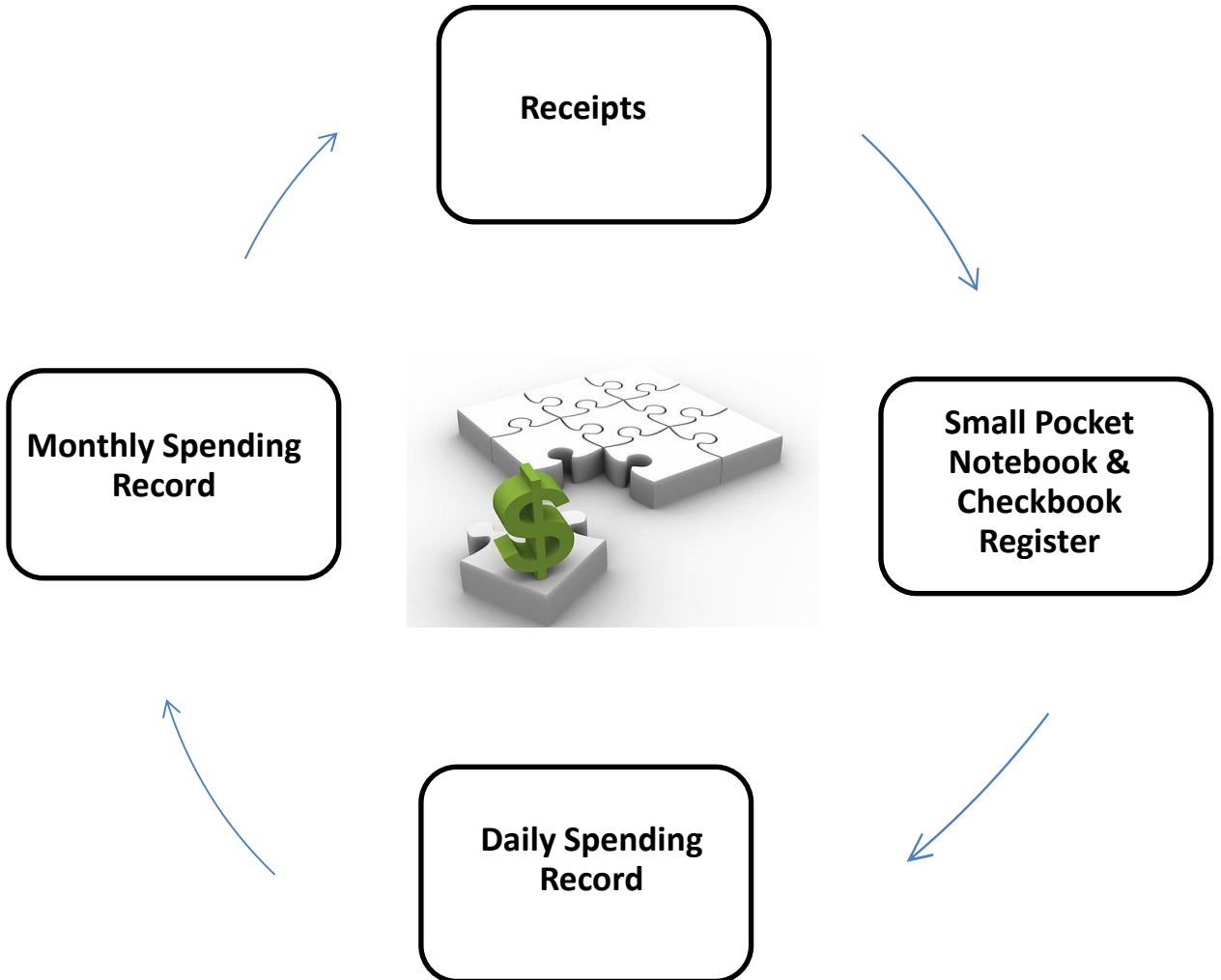
ASSETS (Present Value):			
	Cash on Hand	\$31.00	
	Checking Account	\$148.00	
	Savings (HAS)	\$125.00	
	Stocks & Bonds		
	Collectables (stamps, coins, antiques, etc.)		
	Home Value	\$131,600.00	
	Other Real Estate		
	Accounts Receivable		
	Automobiles (2 cars)	\$22,500.00	
	Recreational Vehicles (Travel Trailer)	\$8,500.00	
	Furniture		
	Jewelry		
	Other Personal	\$15,000.00	
	Retirement Savings (IRA, Pension, 401K)		
TOTAL ASSETS:			\$177,904.00
Liabilities (From Debt List)			
	Credit Card Debt	\$18,000.00	
	Automobile Loans	\$20,500.00	
	Home Mortgage	\$129,000.00	
	Other Real Estate Mortgages		
	Personal Debts to Relatives/Friends		
	Business Loans (Payday loans)	\$2,200.00	
	Educational Loans	\$12,000.00	
	Medical Bills		
	Life Insurance Loans		
	Bank Loans		
	Other Debts and Loans (RV)	\$1092.00	
TOTAL LIABILITIES:			\$182,792.00
NET WORTH (Total assets minus total liabilities):			-\$4,888

Discussion Questions:

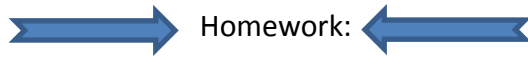
- What do you notice about their net worth?
- What would you suggest to improve Susan and Bob's net worth?

Week 8

Flow of forms review



The way to Financial Fitness and Debt Freedom begins with knowing where your money is going.



Complete your Statement of Financial Condition.

Reminder: Always continue to use the following tools:

- Receipt Envelope and Organizational Folders
- Small Pocket Notebook
- Payment Calendar
- Daily Spending Record
- Transaction Register – Keep it balanced! Reconcile against bank statement monthly
- Bank Statement
- Monthly Spending Record
- Annualized Savings Plan
- Statement of Financial Condition (Not done monthly but as assets/liabilities decrease or increase)

Numbers 6:24-26

24: The Lord bless you and keep you;

25: The Lord make His face shine upon you and be gracious to you;

26: The Lord lift up His countenance upon you and give you peace